



Newsletter – August



Teaming Up with Hamilton Ronald McDonald House

As announced on the site, we've recently teamed up with the Ronald McDonald House in Hamilton and will be doing fundraisers and other acts of kindness for the house.

Families who stay at the house can be there for anywhere between a few days to months to a year. They provide a warm, compassionate and safe 'home away from home' for families of seriously ill children who are receiving treatment at the hospital.

We will be going to the house once each month to make a home-cooked meal for the 15 families who are staying there. If you would like to participate in creating this meal, please check the Event Calendar and sign up. Spots are going fast, though – only 5 people can register! So look ahead on the calendar as I will have more dates set soon.

We are also preparing to organize a walk-a-thon in September (likely to be Sunday the 20th). Keep checking your email for updates as we confirm date/time for the walk. We hope to raise money to purchase items of the Wish List for the house (you can find this at www.rmhamilton.ca).

Also in the works is the 1st Annual Hamilton Baby Expo that will be presented by Social Mamas and My Smart Hands (one of our members, Karen). The proceeds will go to the RMH and we have just confirmed a date for the Expo – April 24th, 2010. The expo will have lots of vendors, workshops and seminars! More details will be revealed in the coming months!

We will be building a committee of volunteers to assist with our fundraising. If you would like to be a part of the committee in ANY way, please let me know! We need people who can find donations and sponsors, who can contact media, help run the actual events, etc. If you have a talent, we can use you on the committee!

Contact: info@socialmamas.com

Changes on the Site

We are at the end of our updates for the site (for the next few months at least!) and I know it's been acting a bit funny over the past few days. However, you will notice some new changes:

- The privacy levels have changed and all profiles and photos will be available to view by members only
- An arcade has been added to the site to occupy us during those sleepless nights! If this is a popular part of the site, I will upgrade the games to well-known ones, like PacMan.
- There will be a chat module (still working on it – that's why the site's been weird here and there) so that you can chat with other members. However, the only people you will see online are those you have as 'friends'. If you want to add members to your Friends list, login and click on their profile. You will find a spot that says 'Befriend' under their photo. Click on this and they will be added to your friends list and you will be able to chat with them!

If you are ever unable to login for a few moments or if the site is acting funny, it may be that we are updating and things should be back to normal soon. Thanks for your patience!

MamaPreneur Group

For moms who own their own business or are interested in running their own business, join our fabulous MamaPreneur Group!

We meet once per month at the Fortinos next to Limeridge Mall where we discuss our businesses, focus on a business topic, listen to guest speakers and most importantly, NETWORK!

Come out and meet other moms doing the same thing you are – running a household and a business! For more info, check the Events Calendar for our next MamaPreneur Meeting

Featured Business – For Baby With Love

Babies around the golden horseshoe can breathe a sigh of relief! For Baby with Love offers a full line of cloth diapers and diapering accessories for a fraction of the cost of disposable diapers; a key point to consider with today's struggling economy.

Spurred by the unavailability of convenient, modern cloth diapers, owner Stephanie Nash is helping to revolutionize the cloth diaper industry! With an internet based store always stocked with cloth diapers, For Baby with Love is your one stop shop for all your diapering needs.

While the words "cloth diapers" usually conjure up images of pins and plastic pants; new style cloth diapers are every bit as convenient as disposables. These are not your parents' cloth diapers! Concern about the environment, babies' health and parents' pocketbooks are contributing to a resurgence of cloth diapering around the globe. Gone are the days of diaper pins, plastic pants and diapers soaking in the toilet. Most cloth diapers now close with Velcro or snaps and soft PUL (polyurethane laminate) fabric is used for waterproof covers. New and improved fabrics, such as micro fleece liners and tools such as the mini-shower, a sprayer that attaches to toilet plumbing, make caring for diapers so much easier than it used to be! Besides, saving parents an average of \$3000 per child, being healthier for your baby, and better for our delicate environment, cloth diapers have now become the newest designer baby item to hit the market. With many fabrics to choose from, diaper purchases have become every bit as fun as shopping for a new layette!

Please visit www.forbabywithlove.ca and see how far cloth diapers have evolved. We are happy to answer any questions you might have and assist you with all your diapering needs!



AUGUST CONTEST

Everyone LOVES a contest! To the winner, we will be giving away a **Greentainer, stainless steel food storage container and a 18oz Klean Kanteen stainless steel beverage bottle in black from For Baby With Love** – our featured business of the month!

Everyone who attends an event this month and **BRINGS A NON-PERISHABLE FOOD ITEM** will automatically be entered into the contest to win the prize. These will be donated to the Ronald McDonald House. For every item you bring in the month of August, you will receive a ballot in the draw. The draw will take place through www.random.org to choose a random winner.

Congratulations to Julie who won our July contest – a signing book/flashcards from My Smart Hands!

Monthly Quote

It is true that you may occasionally overhear a mother say
"Children must have their naps,
It's mother who knows best."
When what she really means by that
Is that she needs a rest.

– Donna Evleth

Events to look forward to this month

Field Trip to Bronte Creek Provincial Park – August 11th
Couple's Night – August 12th
Zumba Dance Class – August 19th
Mom's Night Out – August 26th
Trip to Port Dover – August 28th



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Remember Moms: All Social Mama members can use their VIP Card to receive \$3.00 off a haircut at Sharkey's